

BREAKING THROUGH COACHING



AWAKE YOUR PURPOSE, BREAK BARRIERS, UNLEASH YOUR POTENTIAL, INCREASE YOUR IMPACT.

Do you feel stuck, overwhelmed, or uncertain about your next step? You're not alone—but staying in this place is a choice. **What if you could wake up every day with clarity, confidence, and a renewed sense of purpose?**

I know this journey well because I've walked it myself. My name is **Clara Lucia Jaramillo-Carrier, M.A., PCC.**, and I am a proud **Colombian American**, deeply committed to helping ambitious individuals like you **transform their careers, lives, and mindset**—so you can step fully into your power, create lasting change, and make a greater impact.

I provide coaching services in **English and Spanish**, blending **psychological insights with personalized, results-driven strategies**. Unlike other coaching programs that offer temporary motivation, my **Breaking Through Coaching method** delivers **clear, actionable steps** that drive deep and lasting transformation.

Are You Ready to Break Through?

I work with **driven, decisive clients** who are **done with excuses** and ready to:

- ✓ **Shatter limiting beliefs** holding them back.
- ✓ **Take bold, strategic action** toward a fulfilling life and career.
- ✓ **Achieve sustainable success** by unlocking their superpowers:



Personal Love
(Your Empathy)



Purpose
(Your Compass)



Positive Mindset
(Your Choice)



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**BREAKING
THROUGH**
COACHING



BREAKING THROUGH COACHING

Creating a world with more humanity by evoking people's personal love, purpose, and positive mindset.



*"I chose coaching as my vocation to empower others to reignite their purpose, unlock their potential, and take control of their future—so they can become **better leaders, contributors, and true agents of positive change.**"*

Clara Lucia Jaramillo-Carrier

Real Clients. Real Transformations.

"Clara Lucia is a highly effective coach who helped me define my purpose, create a strategic plan, and boost my confidence to achieve my dream job."

— Donna I., Social Justice Advocate

"I show up more confidently at meetings, delegate better, and voice my opinions with clarity."

— Connie D., Contract Specialist

"After two months of coaching with Clara Lucia, I transitioned to a new job aligned with my goals, with less stress, and higher pay. I see significant personal growth."

— Lydie-Claire B., Technical Account Manager

"Clara Lucia's smart organization, provocative questions, and intuitive listening are helping me achieve life-changing breakthroughs, courage, and accountability."

— David B., Executive Director, Lawyer, Actor, and Musician

► **GET STARTED** AT [STARTBREAKINGTHROUGH.COM](https://startbreakingthrough.com)



BREAKING THROUGH COACHING

Invest in Yourself—Because Your Future is Worth It.

Imagine having the confidence, strategy, and support to **transform your career and life in just months**. My coaching programs are designed to **accelerate your success and give you a proven system to achieve lasting breakthroughs**.

6-Month Intensive Transformation (Recommended)	3-Month Breakthrough Program
<div><div><div>17</div><div>21 Private Coaching Sessions</div></div><div><div>\$</div><div>\$4,500 (or 3 payments of \$1,600)</div></div></div> <p>In just 6 months, you will:</p> <ul style="list-style-type: none">✓ Gain absolute clarity on your life's purpose and career path.✓ Break through self-imposed limitations and step into your power.✓ Develop a strategic, personalized roadmap to achieve success.✓ Build the confidence to take bold action and increase your impact. <p>What's Included?</p> <ul style="list-style-type: none">✓ Discovery & Strategy Session – Clarify your goals and vision.✓ Adlerian Lifestyle Analysis – Identify personal patterns and strengths.✓ Got Purpose Assessment Tool – Define your core drivers and motivation.✓ Personality Self-Assessment – Unlock deeper self-awareness.✓ Exclusive Purpose Reflection Book – Guide your transformational journey.✓ NEW Printed & Digital Workbook – Reinforce learning and accountability.✓ Unlimited Email Support Between Sessions – Personalized ongoing guidance.✓ BONUS: 15-Minute Laser-Focused Virtual Coaching Session (1 per month).	<div><div><div>17</div><div>12 Private Coaching Sessions</div></div><div><div>\$</div><div>\$2,550 (or 3 monthly payments of \$885)</div></div></div> <p>This accelerated coaching program is designed to:</p> <ul style="list-style-type: none">✓ Help you overcome roadblocks and build momentum fast.✓ Develop an actionable plan for personal and professional growth.✓ Shift your mindset to eliminate self-doubt and hesitation. <p>What's Included?</p> <ul style="list-style-type: none">✓ Discovery & Strategy Session.✓ Condensed Adlerian Lifestyle Analysis.✓ Got Purpose Assessment Tool.✓ Personality Self-Assessment.✓ Purpose Reflection Book.✓ Condensed Version of the NEW Printed & Digital Workbook.



Take Action Now—Your Future Self Will Thank You.

 **Spots are limited**—secure your coaching package today!

*All coaching packages are non-refundable. Results are not guaranteed and are based on the efforts you put in and the action you take to better your life/career. In the event of dissatisfaction, all efforts will be made to make things right. Sessions expire after 3/6 months.

► **SCHEDULE YOUR FREE DISCOVERY CALL AT** [STARTBREAKINGTHROUGH.COM](https://startbreakingthrough.com)

