

# BREAKING THROUGH COACHING



## AWAKE YOUR PURPOSE, BREAK BARRIERS, UNLEASH YOUR POTENTIAL, INCREASE YOUR IMPACT.

Do you feel stuck, overwhelmed, or uncertain about your next step? You're not alone—but staying in this place is a choice. **What if you could wake up every day with clarity, confidence, and a renewed sense of purpose?**

**I know this journey well because I've walked it myself.** My name is **Clara Lucia Jaramillo-Carrier, M.A., PCC.**, and I am a proud **Colombian American**, deeply committed to helping ambitious individuals like you **transform their careers, lives, and mindset**—so you can step fully into your power, create lasting change, and make a greater impact.

I provide coaching services in **English and Spanish**, blending **psychological insights with personalized, results-driven strategies**. Unlike other coaching programs that offer temporary motivation, my **Breaking Through Coaching method** delivers **clear, actionable steps** that drive deep and lasting transformation.

### Are You Ready to Break Through?

I work with **driven, decisive clients** who are **done with excuses** and ready to:

- ✓ **Shatter limiting beliefs** holding them back.
- ✓ **Take bold, strategic action** toward a fulfilling life and career.
- ✓ **Achieve sustainable success** by unlocking their superpowers:



**Personal Love**  
(Your Empathy)



**Purpose**  
(Your Compass)



**Positive Mindset**  
(Your Choice)



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**BREAKING  
THROUGH**  
COACHING



# BREAKING THROUGH COACHING

*Creating a world with more humanity by evoking people's personal love, purpose, and positive mindset.*



*"I chose coaching as my vocation to empower others to reignite their purpose, unlock their potential, and take control of their future—so they can become **better leaders, contributors, and true agents of positive change.**"*

*Clara Lucia Jaramillo-Carrier*

## Real Clients. Real Transformations.

*"Clara Lucia is a deeply intuitive coach—she knows when to challenge and when to pause. Her tools helped me uncover what was holding me back, and now I feel more prepared and aligned to take my next career steps with clarity."*

*— Susan M., Entrepreneur*

*"Working with Clara Lucia was amazing. In a short time, I gained powerful insights and a new perspective. She helped me see new possibilities, overcome imposter syndrome, and lead with greater fulfillment."*

*— Jackie R., CEO*

*"After two months of coaching with Clara Lucia, I transitioned to a new job aligned with my goals, with less stress, and higher pay. I see significant personal growth."*

*— Lydie-Claire B., Technical Account Manager*

*"Clara Lucia's smart organization, provocative questions, and intuitive listening are helping me achieve life-changing breakthroughs, courage, and accountability."*

*— David B., Executive Director, Lawyer, Actor, and Musician*

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