

BREAKING THROUGH COACHING



Imagine This...

Waking up with clarity instead of pressure.

You feel grounded, not guilty. Energized, not exhausted.

You're no longer just surviving—you're finally living as the person you were meant to be.

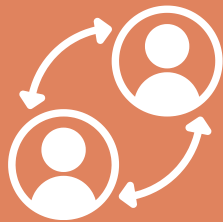
My signature **Breaking Through Coaching Method** helps you *uncover* your **purpose**, *unlock* your **leadership** and *unleash* **action**. This process will give you a road map of steps you can take to build a sustainable life and career of presence and power.

This Is For You If...

- ✓ You've achieved success but feel disconnected from it.
- ✓ You're tired of always needing to "be the strong one."
- ✓ You are ready to change behaviors that block the breakthrough you desire.

The Breaking Through Coaching Method

This 3-phase experience, offered in English and Spanish, is designed to help you stop proving and start leading from clarity, confidence, and deep personal truth.



01 ENGAGE: Reconnect with Yourself

•Reconnect with yourself and acknowledge personal love. You'll identify what's not working, explore past patterns, and begin healing the burnout cycle.

★ Includes Life Quiz, Emotional Reflection Tools, and Burnout Effect Mapping



02 ENVISION: Redefine What's Possible

•Rediscover your "why" and imagine what's possible. You'll gain clarity on your values, vision, and leadership potential beyond the hustle.

★ Includes Purpose Worksheets, Soft Addiction Assessment, and Ideal State Planning



03 EXECUTE: Lead With Confidence

•Build sustainable mindset shifts and activate lasting transformation. Together, we'll create boundaries, confidence, and strategies that align your life from the inside out.

★ Includes Saboteur Assessment, Positive Mindset Tools, and a Final Roadmap



BREAKING THROUGH
COACHING

► **LEARN MORE AT [STARTBREAKINGTHROUGH.COM](https://startbreakingthrough.com)**

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BREAKING THROUGH COACHING

Invest in Yourself—Because You Are Worth It.

Imagine **having the confidence, strategy, and support to transform your career and life** in just months. My coaching program is designed to **accelerate your success** and give you **a proven system to achieve lasting breakthroughs**.

What You Get

1:1 Coaching & Strategic Guidance

- 12 Private, High-Impact Coaching Sessions
- Personalized Discovery & Strategy Session
- Final Coaching Reassessment + Roadmap Forward

Personalized Growth Tools

- Adlerian Lifestyle & Leadership Analysis
- Got Purpose Assessment
- Printed + Digital Transformation Workbook
- Purpose Reflection Journal

Ongoing Support

- BONUS: Monthly Laser Coaching Calls (15-min)
- Unlimited Email Support Between Sessions
- Mindset + Emotional Mastery Tools

The Real Cost of Staying Stuck?

Burnout. Disconnection. Feeling like a stranger in your own life. This **coaching method** isn't just about strategy—**it's about freedom**. Freedom from guilt. Freedom from pressure to perform.

It's time to come back to yourself.

Your Investment: \$5,200.00* (ask about payment options)

Take Action Now—Book Your Complimentary Discovery Call

DM @startbreakingthrough or visit StartBreakingThrough.com to book your clarity call today.

🚫 Spots are limited—secure your coaching package today!

*Please note: All coaching packages are non-refundable. Your results may vary and depend on *your* commitment and action—but I'm here every step of the way. If something doesn't feel right, we'll work together to adjust and support your experience.

"This was the best investment I made in myself."

- Susan M.

▶ [LEARN MORE ABOUT MY PROCESS AT STARTBREAKINGTHROUGH.COM](http://STARTBREAKINGTHROUGH.COM)

BREAKING THROUGH COACHING

Helping high-achieving people uncover purpose, unlock leadership and unleash action.



*"I chose coaching as my vocation to awaken humanity in the marketplace so people can become **better leaders, contributors, and true agents of positive change.**"*

Clara Lucia Jaramillo-Carrier

Real Clients. Real Transformations.

"Clara Lucia's coaching helped me find myself again during a period of deep career burnout. With her support, I regained my confidence—and landed a job in a new industry!"
— Jeanette J., COO

"After two months of coaching with Clara Lucia, I transitioned to a new job aligned with my goals, with less stress, and higher pay. I see significant personal growth."
— Lydie-Claire B., Account Director

"Working with Clara Lucia was amazing. In a short time, I gained powerful insights and a new perspective. She helped me see new possibilities, overcome imposter syndrome, and lead with greater fulfillment."
— Jackie R., CEO

"Clara Lucia is a deeply intuitive coach—she knows when to challenge and when to pause. Her tools helped me uncover what was holding me back, and now I feel more prepared and aligned to take my next career steps with clarity."
— Susan M., Entrepreneur

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